

What can you do to assess the reliability of the content?

Check the sources

Whenever you encounter new information, make sure you know its source.

Ask yourself, where this information comes from. Is the source reliable? Check whether the information comes from a reputable news publication, a study, or an expert.



Compare multiple sources

Don't settle for just one source. Compare different sources to get a broader perspective.

If possible, look for information presented from different perspectives.



Check the veracity of claims

If you hear or read claims that seem dubious, seek confirmation or refutation from reliable sources.

Do not accept claims as true without proper verification.



Use fact-checking tools

Make use of the fact-checking tools and resources available online.

Many organisations offer services to check common claims and rumours. Examples include Snopes, FactCheck.org, and PolitiFact.



Check photo and video material

A reverse image search can help verify whether a picture or video is real or fake. If you suspect that someone is using an image without permission or using an image to spread disinformation, you can use a reverse image search to verify the origin of the image and authenticate it.

You can also see if an image or video has been published before.



Be critical

Develop your critical thinking skills and question sources of information.

Don't believe everything you hear or read without proper verification.



Check the dates

Make sure the information is current by checking the date.

Outdated information can be misleading.

